

## **Electives**

### **TCM Pediatrics**

Students will learn the integrated use of acupuncture, TCM herbology, and the full range of TCM methods in the treatment of a variety of common childhood conditions. Special emphasis will be placed on the unique nature of pediatrics within the TCM tradition, practices and techniques unique to TCM pediatrics, and the special requirements of younger patients and their families. 30 hrs., 2 cr.

### **TCM Neurology**

Student in this acupuncture-focused course will learn the assessment and treatment techniques for the treatment of neurological conditions according to the principles of TCM. Treatment of neuralgia, neuropathy, and related conditions will be the primary emphasis of this course, but conditions such as stroke, palsy and related disorders, and other neurological conditions will also be addressed. 30 hrs., 2 cr.

### **TCM Dermatology**

The integrated use of acupuncture and TCM in the treatment of dermatological conditions is the focus of this course. Psoriasis, eczema, and related conditions will be studied from the TCM perspective, and students will be taught to assess and treat these common conditions using the principles of Traditional Chinese Medicine. 30 hrs., 2 cr.

### **TCM for Lifestyle Enhancement**

Students in this course will learn the theories and practices of TCM as they apply to clients' lifestyle enhancement needs. Facial appearance, weight-loss, smoking cessation, and a range of similar lifestyle needs will be understood, assessed, and treated according to the principles and practices of acupuncture and Traditional Chinese Medicine. 30 hrs., 2 cr.

### **TCM for Side Effects**

Students will learn the integrated use of acupuncture and TCM herbology in the treatment of side-effects from conventional Western treatments for cancer and a whole range of difficult and/or chronic conditions. Great emphasis will be placed on assisting clients and patients to maintain their overall physical health while undergoing radical Western medical treatment, with acupuncture, TCM herbal formulas, and dietary and lifestyle recommendations included in the options for patients and clients. 30 hrs., 2 cr.

### **TCM Sports Medicine**

This course will focus on the integrated use of acupuncture, TCM herbology, and the full range of Traditional Chinese Medicine theories and modalities in the management of sports injuries and related conditions. Muscle strains, sprains, and tears will be addressed, along with protocols for managing stiffness, repetitive motion disorder, "tennis elbow," tendonitis, and other musculoskeletal conditions. 30 hrs. 2 cr.

### **TCM for Modern Conditions**

Though founded thousands of years ago, Traditional Chinese Medicine can assist with a variety of "new conditions." Students in this course will learn to assess a wide variety of commonly-encountered modern disorders and conditions. Stress and anxiety-related disorders, I.B.S.,

chronic fatigue, and other "new conditions" will be discussed in light of the theories and principles of TCM, and students will learn the integrated use of acupuncture and TCM herbal formulas to address these and similar conditions. 30 hrs., 2 cr.